



SIMPLY LUNCH

Thursdays
12-2pm

@

BCN Centre
Sheldon Park
710 Main North Rd
(behind Bowling Club)
**Contact Donna at
the BCN Office
323 9731**

WHAT'S UP

in Belfast

**Feb/Mar
2015**

Local Groups start
up for the year

Healthy Vege Co-op

Yoga, Tai Chi and
Qi Jong. Also
Yogalates and
Bootcamp Circuit
Training

ROTARY CLUB Belfast/Kaiapoi

Belfast residents who are interested in helping their community are invited to join the Rotary Club of Belfast Kaiapoi. Club president, Alan Hardy, announced that the club is currently undertaking a membership drive. "We are looking for men and women who are interested in joining a service club that is committed to making their community a better place for all. We undertake projects such as offering encouragement and training for young people, assisting organisations such as Breast Cancer or Salvation Army with their street appeal, running a speech competition for local students and helping out at many local functions" he said.

"We meet for a meal and a short meeting on Tuesday evenings in the Belfast Rugby Club and value our times together for the goodwill and fellowship" said Alan. These evening gatherings are brief and rarely go longer than two hours, finishing around 7.45pm. Anyone interested in joining Rotary should contact **Alan on 352 2245 or Merv Wells 323 4313**

AGED CONCERN COURSES

Confident Driving for Mature Drivers

Tuesday 10th Feb 9.30am - 2.30pm

A refresher course for mature road users in a safe and enjoyable environment. Work books are provided for future reference. The course involves no tests or exams and provides an opportunity to share experiences and concerns. Statistics show that from 60 onwards there is a steady rise in the incidence of crash involvement. This isn't due to deliberate flouting of the law, but from drivers making wrong decisions. The course is free and lunch is provided. A \$5 contribution towards lunch is appreciated.

Life without a Car

Monday 16th March 10am - 12pm

Two hour course to increase awareness of the effects of ageing on our ability and confidence on the road, look at alternatives to driving, increase our awareness of services and entitlements that may help and encourage participants to overcome barriers and remain active in the community. No charge and morning tea will be provided.

Courses held at Belfast Community Facility, Sheldon Park. Bookings essential and are required 1 week prior to the course date - please contact Lynda or Donna at the Belfast Community Network support@belfastcommunitynetwork.org.nz or phone **323 9731**



OFFICE HOURS: 9am to 4pm Monday - Friday. **PH:** 323 9731

POSTAL: P O Box 76126, Northwood, Christchurch, 8548

EM: info@belfastcommunitynetwork.org.nz

www.belfastcommunitynetwork.org.nz

BELFAST RESIDENTS' ASSOCIATION

"Letting **you** know what's happening in **your** community."

BELFAST

*Community
Newsletter*

February / March 2015

Kia ora koutou!

Welcome to 2015! We hope you managed some holiday time during December and January and you are refreshed for the coming year.

The BCN had some great Christmas celebrations to mark our first year in Sheldon Park. Our staff provided a hangi lunch for volunteers and people who have gone the extra mile for the BCN over the past year. We had a lovely community lunch and OSCAR whanau came along to a dinner organised by their children.

Our annual Christmas Morning Community Pancake Breakfast was another great success with many new faces coming along to enjoy some wonderful food and hospitality. A huge thank you to local resident's Shelley and Tiko Toganivalu and all the volunteers who lead this event.

I volunteered some hours to the Rotary Club of Kaiapoi Belfast out at the Riccarton Market selling their amazing new potatoes for Christmas.

We have quite a lot planned for this year. Alongside our established programmes we will launch BERP - Belfast Emergency Response Plan. We hope to have some research undertaken so if you are approached please help us to understand how living in our community is going for you and our ongoing support to needs that become identified, and we will continue Supporting Our Community As It Grows!

Please keep informed by going to our website and watching out for Facebook updates.

Lynda Goodrick - Agency Manager



PLEASE NOTE: Keep February 14th free from 7.30pm to midnight as there is the "Let's help Kylie" Fundraiser at Belfast Clubrooms. Tickets \$60. Please help us support one of our locals. For further information please visit our website or FaceBook page.

SUPPORT US - www.facebook.com/pages/Belfast-Community-Network

WELCOME TO BELFAST

LOCAL CHURCH DIRECTORY

St David's Anglican Church
829 Main North Rd,
Belfast
Sunday 9.00am
Wednesday 10.00am
Thursday
Study Group 10.00am
Craft Group 1pm
Rev. Joanne Latham
352 6263

St Silas Anglican Church
Main North Road
Redwood
Sunday 10.30am
Rev. Joanne Latham
352 6263

Christchurch North Elim
803 Main North Rd
Belfast
Sunday Service 10am
Ps. Stewart McLellan
323 7212

Belfast Salvation Army
794 Main North Rd
Belfast
Sunday Worship 10am
Ps. Neil & Gill Waugh
323 8257

ACTIVITIES AT BCN FACILITY IN FEBRUARY / MARCH

BELFAST OSCAR PROGRAMMES

Before School Programme

7.00am - 8.30am \$8 per session

After School Programme

3.00 - 5.30pm \$13.50 per session

School Holiday Programme

8.30am-5.30pm \$35 per day

For further details and to download Information for Families, Enrolment and Booking forms visit BCN website belfastcommunitynetwork.org.nz or contact Lizi on **323 9731**

GIRLS GROUP – YEAR 7 UP

Mondays 6-8pm. Begins 16th Feb until 30th March (7 wks). Please note pick up from 8 and 8.30pm.

YOUTH GROUP - YEAR 7 UP

Fridays 6-8pm. Begins 20th Feb until 27th Mar (6 wks). Please note pick up from 8 and 8.30pm.

COMMUNITY SIMPLY LUNCH

Thursdays 12-1.30pm. If you are in our area, we gather to have a nice lunch prepared by the amazing Robbie and meet new people. Lunch is gold coin donation, we like to encourage food sharing and book swapping. We go on outings. Info on our website. To register or arrange pick up phone Donna 323 9731.

TAI CHI

Wednesdays 10-11am. Starts back 4th February 2015. Easy to follow Chinese martial art exercises. \$5 per session.

QIGONG

Thursdays 11-12pm. Starts back 5th February 2015. Gentle energy flow exercises. \$5 per session.

YOGALATES

Wednesdays 7.30pm. Relax and unwind with yoga/pilates mix ...

BOOTCAMP / CIRCUIT TRAINING

Saturdays 8.00am. \$15 casual or \$50 for 5. At the BCN facility. Phone Kelly at Bellabody **354 9428**

BELFAST HEALTHY VEGE COOP

For \$12 you will get about 8kg fruit and veges. Please order through the Belfast Salvation Army and pay by Monday 10am. Pick up on Wednesday between 11.30am and 1.30pm. Make sure we have your details so we can advise you of any changes to details.

BELFAST REDWOOD PROBUS CLUB

Meetings held on the 2nd Thursday monthly at 10am at St Luke's Church Cnr. Main North and Daniels Roads. Every 4th Thursday of the month we go on an outing. If you are interested in joining, please phone our Secretary, Bill Delaney, on 385 9828.

BELFAST BOWLING CLUB

We are situated in Sheldon Park on the Main North Road. We welcome new members. For more info please visit www.belfastbowlingclub.co.nz or contact Murray Jones **3523 515**

BELFAST FRIENDLY CLUB

The Belfast Friendly Club operating for over 36 years so come join us. Contact Marion **323 8296** or Myra on **352 4940**

REAL STEPS TRUST

We will be running Waves – a 16 week therapeutic programme addressing emotional eating this year in Term One, held 801B Main North Road. Belfast. Contact Karen Fraser Ph 323 7837 Wednesdays or email info@realstepstrust.org.nz

TRANSFORMATION HATHA YOGA

Thursdays 9.30- 1am. 12 Feb - 19 March. \$72 for 6 week term. Ideal for all abilities, including complete beginners. Smaller class size to meet individual needs. Held at Belfast Community Network, Sheldon Park Contact Nadine Marshall on **021 689 733** or nadinemarshall@gmail.com to register for the term.

NOTICES AND EVENTS FOR LOCAL GROUPS, CLUBS & ORGANISATIONS

BELFAST PLAYCENTRE

Open Tuesdays to Thursdays 9.15 - 11.45am at Sheldon Park, beside the Bowling Club. Come and enjoy a safe, fun and educational environment for you and your tamariki. Enjoy the friendship and support from other parents and caregivers. Em belfastpc@gmail.com

CATAPULTING CUBS

Preschool gym circuit held at Christchurch North Elim – 803 Main North Rd, Belfast Thursdays 10-11am during term time. Contact Belinda **022 079 9469** or Tracey **323 7212**

BELFAST MAINLY MUSIC

For ages 0-5 runs at Christchurch North Elim, 803 Main North Rd, Belfast. Mondays 10-11am. Cost \$2 per child or \$3 per family. Ph Belinda **022 079 9469** or the office **323 7212**

BELFAST HOMESHARE PROGRAMME

Day Programmes for the elderly. Please phone Roni on **313 8588** Ext 26 or Marilyn on **03 323 9399**

REDWOOD SCOUT GROUP

Two nights of Scouts (including Air Scouts) year 7-10, Cubs years 3-6, Keas year 1-3 and Venturers years 11-13. Contact Steve **029 44 77 256**

PAPANUI HIGH SCHOOL

Enrolments open for Adult and Community Education for Term 1 Courses beginning from week of 2 February 2014. Phone Papanui High School Office **352 0701**

BELFAST WELCOME BAGS

A bag full of useful information and some fantastic freebies! **To get a free welcome bag for your new neighbours** contact the Belfast Community Network office on **323 9731** and let us know your new neighbour's address.

COMMUNITY/SPORTS CENTRE

March Place, Sheldon Park. Locally known as Belfast Rugby Club that supports activities and sports in the local area. The facility is available for inspection and hired for any function: We also have a full gym facility, kitchen, weight room and easy access to Sheldon Park. New members are always welcome. If your sporting group is looking for a home base come down and see us! Contact Dave Pilkington, Club President **021 335 123**

BELFAST RUGBY FOOTBALL CLUB

We have the best facilities of any Rugby Club in Canterbury. Clubrooms available for hire for workshops, functions, meetings, birthdays, conferences, and weddings ALL at very competitive rates. Please contact our Club Facilities Manager: Glenda Spillane – Clubrooms Office **323 8024** or Mobile 027 435 9762. Em Belfast.rfc@xtra.co.nz or visit www.belfastrugby.co.nz

BELFAST RESIDENTS' ASSOC

We meet at the Belfast Bowling Club, Sheldon Park 7.30pm on the last Monday of each month. For more information please contact Gavin on **323 8283**.

URGENT RENTALS REQUIRED

Canterbury Earthquake Temporary Accommodation Service (CETAS) are looking for suitable properties to rent now, or in the future. More details on belfastcommunitynetwork.org.nz or contact cetas.property@mbie.govt.nz or ph Andrea 966 7624

ST JAMES PARK CROQUET CLUB

Find out more about the challenging sport of croquet. Contact Ken **352 5322** or Ann **352 425**.

APRIL/MAY NEWSLETTER

Contributions to BCN Office by third Tuesday in March 2015

info@belfastcommunitynetwork.org.nz

BCN SPONSORS

Valued sponsor of our vans.

BELFAST
AUTOMOTIVE
Ph 323 6336

Christchurch
City Council

NZ Lottery Grants Board
10 Park Street
Distributor of NZ Lottery Profits

COGS
Community Organisation
Grants Scheme

NZCT
NZ COMMUNITY TRUST

The
Canterbury
Community Trust
Supporting you, supporting the Community

THE DEPARTMENT OF INTERNAL AFFAIRS

First Sovereign
TRUST

ROTARY
INTERNATIONAL

the Southern
trust

Bendigo
Valley
Sports & Charity
Foundation
"Funding the Community"

BLUEGRASS
TRUST